

Having a blood test in Waltham Forest

As of 1 November 2017, the community and home-visiting phlebotomy (blood testing) services in Waltham Forest are being delivered by NELFT, the borough's main community and mental health services provider.

As an improvement to the former walk-in and wait service, the new service has an advance online appointment booking option. Walk-in appointments will still be available to those unable to book online.

It has been introduced to reduce the time patients may have had to wait for their blood test in the past.

Blood (phlebotomy) tests in community clinics available at:

- **Silverthorn Medical Centre**
2 Friars Close, Chingford, E4 6UN
- **St James Health Centre**
47 St James St, Walthamstow, E17 7NH
- **Langthorne Health Centre**
13 Langthorne Rd, Leytonstone, E11 4HX
(This clinic provides the most suitable environment for patients with learning disability and autism to have their blood tests.)

Book your blood test appointment online at:
<http://www.nelft.nhs.uk/wf-blood-test>



Clinic opening times, Monday to Friday excluding Bank Holidays (first to last appointment) are:

Location	Morning	Afternoon
Silverthorn	8.15am to 12.30pm	1.15pm to 4.00pm
St James	8.15am to 12.30pm	1.15pm to 5.30pm
Langthorne	8.15am to 12.30pm	1.15pm to 5.30pm

If you do not have access to the internet, a relative or carer can register to book appointments on your behalf.

Attending your blood test appointment

Please arrive just before your allocated appointment time in order to reduce waiting times and minimise delays.

If you arrive after your allocated appointment time, you will be required to wait until the next available five-minute slot to be seen.

Blood tests at home

If you need a blood test but are unable to leave your home because of health or mobility reasons, your GP can arrange for a phlebotomist from NELFT to visit you at home. Please speak to your GP to request this service.

Blood tests for children

The community phlebotomy service is available to all children aged 10 and over who are registered with a Waltham Forest GP or, if not registered, are resident in the borough. These patients will be able to access the same clinics as adult patients, and a parent or guardian will be able to pre-book an appointment for them using the new online system.

Blood tests are available for children under the age of 10 at Whipps Cross Hospital, outpatients department, on Tuesdays and Thursdays only from 9.30am to 3.30pm.